



In Eastern/New York time (ET)

KICKSTART - Getting Ready for Breakthrough Coaching

October 2020

Oct	Monday, October 19, 2020	10:00am or 6:00pm ET	1.5 Hour / session	Kickstart Session
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MODULE 1 - The Science of Learning:

October - November 2020

The power of awareness-focused coaching

Oct	Monday, October 26, 2020	10:00am or 6:00pm ET	1.5 Hour / session	Main Module Session
Nov	Monday, November 2, 2020	10:00am or 6:00pm ET	1.5 Hour / session	Practicum Session
Nov	Monday, November 9, 2020	10:00am or 6:00pm ET	1 Hour / session	Q&A Session

MODULE 2 - Developing a Coaching Mindset:

November - December 2020

Aligning body, mind, and spirit in preparation for coaching

Nov	Monday, November 23, 2020	10:00am or 6:00pm ET	1.5 Hour / session	Main Module Session
Nov	Monday, November 30, 2020	10:00am or 6:00pm ET	1.5 Hour / session	Practicum Session
Dec	Monday, December 7, 2020	10:00am or 6:00pm ET	1 Hour / session	Q&A Session

 - Core

 - Enhanced

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MODULE 3 - Coaching the Person, Not the Problem:				January 2021
Making coaching a mind-changing experience				
Jan	Monday, January 4, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Main Module Session
Jan	Monday, January 11, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Practicum Session
Jan	Monday, January 18, 2021	10:00am or 6:00pm ET	1 Hour / session	Q&A Session

MODULE 4 - Goaltending: What does your client really want?				February 2021
Feb	Monday, February 1, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Main Module Session
Feb	Monday, February 8, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Practicum Session
Feb	Monday, February 15, 2021	10:00am or 6:00pm ET	1 Hour / session	Q&A Session

MODULE 5 - Brain Hacking: Coaching the story				March 2021
Mar	Monday, March 1, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Main Module Session
Mar	Monday, March 8, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Practicum Session
Mar	Monday, March 15, 2021	10:00am or 6:00pm ET	1 Hour / session	Q&A Session

MODULE 6 - New and Next: Clarifying insights and commitments				March - April 2021
Mar	Monday, March 29, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Main Module Session
Apr	Monday, April 5, 2021	10:00am or 6:00pm ET	1.5 Hour / session	Practicum Session
Apr	Monday, April 12, 2021	10:00am or 6:00pm ET	1 Hour / session	Q&A Session

 - Core

 - Enhanced